

Four Regions 食之地

Starters & Dim Sum

<input type="checkbox"/> 1	Four Regions Hors D'œuvres (minimum for 2) Chef's choice of a tempting assortment of appetisers	per person 8.80
<input type="checkbox"/> 2	Roasted Spare Ribs (5)	7.90
<input type="checkbox"/> 3	Satay Chicken (4)	7.90
<input type="checkbox"/> 4	Smoke Shredded Chicken	8.10
<input type="checkbox"/> 5	Sesame Prawn Toast	7.80
<input type="checkbox"/> 6	Tempura King Prawns (3)	7.90
<input type="checkbox"/> 7a	Salt & Pepper Prawns (6) 🍴	8.20
<input type="checkbox"/> 7b	Salt & Pepper Squid 🍴	7.80
<input type="checkbox"/> 7c	Salt & Pepper Vegetables 🍴	7.50
<input type="checkbox"/> 8	Spring Rolls vegetables (4) 🍴 crispy spring rolls filled with shredded vegetables and served with sweet chilli sauce	5.80
<input type="checkbox"/> 9a	Pan Fried Pork Dumpling (5)	7.90
<input type="checkbox"/> 9b	Deep Fried Vegetables Dumplings 🍴	7.70
<input type="checkbox"/> 10a	Lettuce Wrapped Chicken	8.10
<input type="checkbox"/> 10b	Lettuce Wrapped Vegetables 🍴	7.80
<input type="checkbox"/> 10	Crispy "Seaweed" 🍴 deep fried spring green	5.20
<input type="checkbox"/> 11	Prawn Crackers	3.00

<input type="checkbox"/> D1	Dim Sum Platter 9.90 (8 pieces of assorted dim sum)	<input type="checkbox"/> D5	Shanghai Pork Dumplings 5.80 Dumplings with pork & coriander filling
<input type="checkbox"/> D2	Har Gau 5.80 King prawn and bamboo shoot, translucent pastry	<input type="checkbox"/> D6	Char Siu Bun 5.80 Fluffy white bun, honey barbecued pork (p.s. discard baking paper)
<input type="checkbox"/> D3	Shu Mai 5.80 Pork with shrimps & shiitake in won ton pastry	<input type="checkbox"/> D7	Shiitake & Water Chestnut Dumplings 🍴 5.80
<input type="checkbox"/> D4	Prawn & Chive Dumpling 5.80	<input type="checkbox"/> D8	Steamed Sweet Egg Custard Buns 5.80
		<input type="checkbox"/> D9	Lotus Leaf Wrapped Glutinous Rice 5.80

Soup

<input type="checkbox"/> 12	Hot and Sour Soup 🍴🍴	5.50
<input type="checkbox"/> 13	Chicken Sweet Corn Soup	5.50
<input type="checkbox"/> 14	Tong Yum Kung Soup Thai 🍴🍴 spicy prawn soup	6.00

Seafood

<input type="checkbox"/> 14a	Fresh Lobster with ginger & spring onion	42.00
<input type="checkbox"/> 14b	(with extra bed of crispy noodle)	4.30
<input type="checkbox"/> 15	Seafood Platter a classic Cantonese dish consisting of fish, prawns and squid, cooked with ginger and spring onion	13.80

Fish

<input type="checkbox"/> 16	Steamed Sea Bass (Whole) with spring onion	23.80
<input type="checkbox"/> 17	Grilled Sea Bass Fillet with parsley	14.40
<input type="checkbox"/> 18	Grilled Miso Sea Bass Fillet seabass fillet marinated with miso Japanese paste	14.40

Note: Although we have made every attempt to remove all the bones from the fish, small bones may still present. Please eat with caution.

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Duck

<input type="checkbox"/> 19	Crispy Duck served with scallion, cucumber & hoi sin sauce	Quarter (6 pancakes)	12.80
<input type="checkbox"/> 19a	Extra : Pancake	each 20p	
<input type="checkbox"/> 19b	Lettuce	each 20p	
<input type="checkbox"/> 20	Crispy Mock Duck 🍴 served with scallion, cucumber, pancake & hoi sin sauce		12.80
<input type="checkbox"/> 21	"Pei Pai" Roasted Duck sliced roasted duck with plum sauce		12.60

Other Main Dishes

Sweet & Sour

Battered, stir fired with sweet & sour sauce

<input type="checkbox"/> 22a	Chicken	9.50
<input type="checkbox"/> 22b	Pork	9.90
<input type="checkbox"/> 22c	Prawn	11.10

Black Bean Chilli Sauce 🍴

Stir fried with slightly chilli black bean sauce

<input type="checkbox"/> 23a	Chicken	9.50
<input type="checkbox"/> 23b	Beef	9.90
<input type="checkbox"/> 23c	Prawn	11.10
<input type="checkbox"/> 23d	Mock Chicken 🍴	9.30

Spicy & Sichuan 🍴

Stir fried with slightly sweet & chilli sauce

<input type="checkbox"/> 24a	Chicken	9.50
<input type="checkbox"/> 24b	Prawn	11.10
<input type="checkbox"/> 24c	Mock Chicken 🍴	9.30

<input type="checkbox"/> 29	Chicken with Cashew nuts in yellow bean sauce	9.50
<input type="checkbox"/> 30	Mock "Chicken" with cashew nuts in yellow bean sauce 🍴	9.30
<input type="checkbox"/> 31	Crispy Chilli Beef in Bird's Nest 🍴	9.90
<input type="checkbox"/> 32	Beef with Broccoli in oyster sauce	9.90

Fillet Steak

<input type="checkbox"/> 33a	in fruity sauce	12.90
<input type="checkbox"/> 33b	with Black Pepper	12.90

Lamb

<input type="checkbox"/> 34	Quick Stir Fried Lamb with Spring Onion	10.30
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Tofu

<input type="checkbox"/> 35	Tofu, Aubergine and Japanese Mushroom Pot 🍴	8.90
<input type="checkbox"/> 36	Ma Po Tofu 🍴 sliced beef with braised tofu in chilli sauce	8.90
<input type="checkbox"/> 37	Salt and Pepper Crispy Tofu 🍴 🍴	8.90

Ginger & Spring Onion

<input type="checkbox"/> 25a	Chicken	9.50
<input type="checkbox"/> 25b	Beef	9.90
<input type="checkbox"/> 25c	Prawns	11.10
<input type="checkbox"/> 25d	Mock Chicken 🍴	9.30

Dry Chilli 🍴

A traditional Szechuan spicy dry dish with red chilli

<input type="checkbox"/> 26a	Chicken	9.50
<input type="checkbox"/> 26b	Prawns	11.10
<input type="checkbox"/> 26c	Mock Chicken 🍴	9.30

Sha Cha

Stir fried with slightly spicy satay sauce

<input type="checkbox"/> 27a	Chicken	9.50
<input type="checkbox"/> 27b	Beef	9.90

Green Curry 🍴

<input type="checkbox"/> 28a	Chicken	9.50
<input type="checkbox"/> 28b	Beef	9.90
<input type="checkbox"/> 28c	Prawns	11.10
<input type="checkbox"/> 28d	Vegetables 🍴	9.30

102-104 Kew Road, Richmond, Surrey TW9 2PQ

Tel 020 8940 9044

www.fourregionsrestaurant.co.uk

Vegetable

<input type="checkbox"/> 38	Chilli French Beans 🍴 🍴 with preserved mustard green	8.20
<input type="checkbox"/> 39	Pak Choi with Garlic 🍴	8.20
<input type="checkbox"/> 40	Braised Aubergine in Black Bean Chilli Sauce 🍴 🍴	8.20
<input type="checkbox"/> 41	Broccoli with Garlic and Ginger 🍴	8.20
<input type="checkbox"/> 42	Mixed Vegetables 🍴 Fresh lotus root, cloud ear, carrot and chayote stir fried with garlic	8.20

Rice

<input type="checkbox"/> 43	Special Fried Rice with diced Chicken and shrimp	6.50
<input type="checkbox"/> 44	Vegetable Fried Rice 🍴	5.50
<input type="checkbox"/> 45	Egg Fried Rice	4.50
<input type="checkbox"/> 46	Jasmine Steamed Rice 🍴	3.90

Noodle

<input type="checkbox"/> 47	Singapore Fried Vermicelli 🍴 vermicelli fried with shrimps, sliced chicken, egg and curry powder	8.80
<input type="checkbox"/> 48	Vegetarian Singapore Fried Vermicelli 🍴 🍴	8.00
<input type="checkbox"/> 49	Stir-Fry Chicken Noodle "Chow Mein"	8.30
<input type="checkbox"/> 50	Stir-Fry Prawn Noodle "Chow Mein"	10.50
<input type="checkbox"/> 51	Noodle with Beansprouts & Spring Onions 🍴	6.00
<input type="checkbox"/> 52	House Noodle "Chow Mein" stir fried prawns, chicken & beef	10.50
<input type="checkbox"/> 53	Mix Vegetable "Chow Mein" 🍴	8.10

Meal Set (per person)

Choose one of the following starters:

- Satay Chicken Spring Rolls Spare Ribs

Choose one of the following cooking methods:

- Sweet & Sour Black Bean Chilli Cashewnuts

with:

- Chicken £11.00 Prawn £12.80 Vegetable £9.80

*All served with steamed rice

Carry bag and take away box charge at 20p each.

There will be 12.5% optional service charge added to your bill. Prices include VAT at the current rate.

ALLERGIES AND INTOLERANCES

We have dish content information, including the 14 main allergen groups, available for your information. While every care is taken we cannot guarantee any products are free from genetically modified ingredients, nuts, nuts derivatives. If you would like more information please ask a member of the team.

Please note:

Whilst we take care to remove any small bones or shells from our dishes, there is a small chance that some may remain. Shrimp is a common ingredient used in many forms in Asian cooking.

🍴 = Suitable for vegan All dishes and prices above are subject to availability.

(Vegetarian chicken is made of soya and gluten free)

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TEA ♦ COFFEE

Liqueur Coffee A choice of Whisky, Bailey's, Tia Maria or Kahlua	7.00	<input type="checkbox"/>
cappuccino	2.95	<input type="checkbox"/>
americano	2.70	<input type="checkbox"/>
café Latte	2.95	<input type="checkbox"/>
espresso	(s) 1.80	<input type="checkbox"/>
	(d) 2.50	<input type="checkbox"/>

Tea (per person) Unlimited Refill		per cup	
jasmine flower tea	茉莉香片	2.00	<input type="checkbox"/>
green tea	火點綠茶	2.00	<input type="checkbox"/>
ginseng oolong	人參烏龍	2.50	<input type="checkbox"/>
peppermint pleasure	薄荷香茶	2.00	<input type="checkbox"/>
citrus ginger	柑橘薑茶	2.20	<input type="checkbox"/>

FRUIT JUICES

Orange Juice	3.30	<input type="checkbox"/>	Apple Juice	3.30	<input type="checkbox"/>
Cranberry Juice	3.30	<input type="checkbox"/>	Guava Juice	3.30	<input type="checkbox"/>
Passion Fruit Juice	3.30	<input type="checkbox"/>	Pineapple Juice	3.30	<input type="checkbox"/>
Lychee Juice	3.30	<input type="checkbox"/>	Mango Juice	3.30	<input type="checkbox"/>

SOFT DRINKS

Elderflower Sparkle Presse	330ml	3.80	<input type="checkbox"/>
Ginger Beer Sparkling	330ml	3.80	<input type="checkbox"/>
Coke/Coke Zero/Lemonade		3.00	<input type="checkbox"/>
Tonic/Soda Water		2.90	<input type="checkbox"/>
Water Still/Sparkling	750ml	4.95	<input type="checkbox"/>
	375ml	2.95	<input type="checkbox"/>
Mixer for Spirits		1.20	<input type="checkbox"/>

BEER

Tsingtao China 4.7%	330ml	4.80	<input type="checkbox"/>
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DRAFT BEER

Kirin Ichiban 4.6%	half pint	3.00	<input type="checkbox"/>	pint	5.80	<input type="checkbox"/>
Estrella, Spain 5%	half pint	3.00	<input type="checkbox"/>	pint	5.80	<input type="checkbox"/>

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SUGGESTED AFTER-DINNER COCKTAILS

Amaretto Sour amaretto, egg white, fresh lime juice	6.80	<input type="checkbox"/>
Espresso Martini espresso, Kahlua, vodka	6.80	<input type="checkbox"/>
Bailey Crash bailey, tia maria, milk	6.80	<input type="checkbox"/>
Monkey Brain archers, bailey, grenadine	6.80	<input type="checkbox"/>
After Eight bailey, cream de mento, kahlua	6.80	<input type="checkbox"/>
Limoncello Martini limoncello, vodka, lemon juice	6.80	<input type="checkbox"/>
B52 kahlua, baileys, grand mariner	6.80	<input type="checkbox"/>

FOUR REGIONS COCKTAILS 8.80

- Four Regions** Hendrick gin, lychee puree, ginger, lemon grass and passion fruit
- R & R** Release and refresh Gin, strawberry puree, lemon juice, rose wine, lemonade
- Haka** Coconut milk, lychee juice, Vodka
- Bangkok Mojito** White rum, guava, passion fruit, pineapple, soda water, lime juice and fresh mint

MARTINI COCKTAILS 8.00

- Vodka Martini** Vodka, Vermouth and served with olives
- Dirty Martini** Gin, Vermouth and garnished with olive
- French Martini** Vodka, Chambord, pineapple juice & twist of lemon
- Lychee Martini** Vodka, Lychee liqueur, pineapple juice & lychee juice

CHAMPAGNE COCKTAILS

- Lava Lamp** Vodka, Cranberry Juice, Raisin and Champagne **8.90**
- Kir Royale** Creme de Cassis and Champagne **8.60**

BELLINIS / PROSECCO 8.00

- Peach Bellini** Peach puree and Prosecco
- Lychee Bellini** Lychee puree and Prosecco
- Strawberry Bellini** Strawberry puree and Prosecco
- Aperol Spritz** Aperol, Soda Water and Prosecco

CLASSIC & CONTEMPORARY 8.00

- Mojito** White Rum, Soda Water, Mint and Lime Juice
- Cosmopolitan** Vodka, Cointreau, Cranberry Juice, Lime Juice with a Lime Twist.
- Margarita** Tequila, Cointreau and Lime Juice.
- Piña Colada** Rum, Coconut Cream and Pineapple Juice.
- Whisky Sour** Bourbon Whisky, Lemon Juice, syrup and egg white.
- Singapore Sling** Dry Gin, Cherry Brandy, Benedictine, Lemon Juice, Grenadine, Pineapple Juice and Tonic Water.
- Long Island Iced Tea** Vodka, Tequila, Rum, Gin, Cointreau, Coke and Lemon
- Sex on the Beach** Peach Schnapps, Vodka, Orange Juice and Cranberry Juice.
- Mai Tai** Rum, Orange Curacao, Orgeat Syrup, Lime Juice, Orange Juice and Pineapple Juice

MOCKTAILS 6.00

- Lychee Crush** Lychees, Lychee Juice and Grenadine
- Virgin Mojito** Apple Juice, Fresh Mint and Lime Juice
- Smooth Peach** Peach and Apple Juice and Grenadine

CHAMPAGNE & SPARKLING WINE

Prosecco Extra Dry Revino, Italy	175ml	Bottle	6.50	<input type="checkbox"/>	25.50	<input type="checkbox"/>
dry with fruity flavours of green apple, honeydew, melon, pear and honey suckle						

Bernard Remy Carte Blanche Champagne	France	8.50	<input type="checkbox"/>	35.50	<input type="checkbox"/>
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Laurent Perrier La Cuvée NV	France	60.50	<input type="checkbox"/>
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Laurent Perrier Cuvée Rosé Brut NV	France	80.50	<input type="checkbox"/>
fresh strawberry, raspberry, blackcurrant, cherry and red currant characters			

WHITE WINE

Dry, Crispy & Refreshing	175ml	250ml	Bottle
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Sauvignon Blanc Paso Del Sol, Chile	4.80	<input type="checkbox"/>	6.80	<input type="checkbox"/>	20.20	<input type="checkbox"/>
dry and lively with intense citrus green apple, melon notes						

Pinot Grigio delle Venezie, Italy	5.80	<input type="checkbox"/>	8.30	<input type="checkbox"/>	24.50	<input type="checkbox"/>
Light, crispy and dry with subtle stone fruit and baked citrus						

Picpoul de Pinet Domaine La Serre, France	27.00	<input type="checkbox"/>
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Fruity, Vibrant Whites	175ml	250ml	Bottle
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Chenin Blanc False Bay, South Africa	29.00	<input type="checkbox"/>
fine mineral and apple notes with honey, greenape and lemon		

Chardonnay Willowglen, Australia	35.50	<input type="checkbox"/>
peach and stone fruit flavours and good body		

Viognier	6.80	<input type="checkbox"/>	9.80	<input type="checkbox"/>	28.50	<input type="checkbox"/>
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Domaine de Vedilhan Vdp d'Oc, France
grassy notes with peach, rose, pineapple and mango

Aromatic Whites	175ml	250ml	Bottle
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Sauvignon Blanc	28.50	<input type="checkbox"/>
Nika Tiki Marlborough, New Zealand		

Gewurztraminer Villa Wolf, Germany	33.50	<input type="checkbox"/>
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Rich, Ripe Whites

Sancerre Domaine du Pré Semele, France	40.50	<input type="checkbox"/>
an intense, round sancerre with ripe gooseberry and zesty acidity		

Chablis Patriarche Père & Fils, France	36.50	<input type="checkbox"/>
fresh and delicate with zesty citrus, white flowers and a streak of steely minerality		

RED WINE

Light, Bodied Red	175ml	250ml	Bottle
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Merlot Paso Del Sol, Chile	4.90	<input type="checkbox"/>	6.90	<input type="checkbox"/>	20.00	<input type="checkbox"/>
soft and smooth with vibrant plum, red berry flaronrs and velvety finish						

Fruity, Vibrant Reds	175ml	250ml	Bottle
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Montepulciano Italy	5.40	<input type="checkbox"/>	7.80	<input type="checkbox"/>	22.80	<input type="checkbox"/>
ripe and gentle with blackberry, morello cherry and some spicy notes						

Shiraz McPherson, Australia	24.50	<input type="checkbox"/>
ripe cherry and raspberry flavours with pepper and toasty oak		

Pinot Noir New Zealand	31.50	<input type="checkbox"/>
bramble fruit, cherry, spice, soft tannins and a bright finish		

Franschoek Cellar 'Stone Bridge' Pinotage South Africa	25.50	<input type="checkbox"/>
black chrry and respberry with a savoury, oak finish		

Medium Bodied, Oaky Reds	175ml	250ml	Bottle
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Malbec Argentina	6.20	<input type="checkbox"/>	8.70	<input type="checkbox"/>	25.80	<input type="checkbox"/>
vibrant and fresh with notes of plum, berry fruits, vanilla & hints of oak						

Spicy and Rich Reds Bottle

Rioja Santiago Reserve, Spain	29.50	<input type="checkbox"/>
spicy clove, vanilla aromas with red & black fruits, full-bodied & velvety		

Côtes du Rhône M. Chapoutier, France	27.50	<input type="checkbox"/>
Juice, powerful and fruity with black currant, raspberry & white pepper		

Légende Médoc France	44.00	<input type="checkbox"/>
complex red fruits mingled with sweet spices and liquorice		

ROSÉ WINE

	175ml	250ml	Bottle
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Pinot Grigio Rosé, Terra Nostra	5.40	<input type="checkbox"/>	7.80	<input type="checkbox"/>	22.50	<input type="checkbox"/>
delle Venezie, Italy dry and soft with aramas of acacia and citrus flavours						

Côtes de Provence Rosé	25.50	<input type="checkbox"/>
Diamarine Côteaux Varois en France pale with fresh redcurrant and citrus peel aromas		

SAKE

	300ml	Bottle
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Hot Sake 14.5%	12.00	<input type="checkbox"/>	23.50	<input type="checkbox"/>
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PLUM WINE

	175ml	Bottle
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Plum Wine 10% Japanese	5.80	<input type="checkbox"/>	24.00	<input type="checkbox"/>
one of the world's favourite mellow drinks				

DESSERTS

toffee banana and vanilla ice cream	6.80	<input type="checkbox"/>
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toffee apple and vanilla ice cream	6.80	<input type="checkbox"/>
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chocolate cake and ice cream	6.80	<input type="checkbox"/>
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lychee and ice cream	6.80	<input type="checkbox"/>
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Ice Cream and Sorbet:

vanilla dream	5.50	<input type="checkbox"/>
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chocolate	5.50	<input type="checkbox"/>
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mint chocolate	5.50	<input type="checkbox"/>
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mango cream	5.50	<input type="checkbox"/>
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raspberry sorbet	5.50	<input type="checkbox"/>
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